

Delegate Video Conference Notes 2021

Delegate Telemeeting #1 of 3, on 3/8/2021 and repeated on 3/12/2021
Inge is delegate liaison (delegateliaison@cosa-recovery.org)

Serenity Prayer

Introductions

Board/Committee Updates - Martha Jean (3/8/21) and Julana (3/12/21)

Board work is not a mystery – it's just following the direction given to us by the Bylaws and the Delegates in session.

- Updating the Service Guide – probably finish next year
- Attempt to contact and/or visit every meeting virtually
- Upkeep the Rosetta Stone – a document that “houses” all the key information

There are several committees:

- Convention Committee
 - All virtual again this year
 - The deadline for workshop proposals is the last Friday of March
 - International – trying to include time zones from the Middle East to the Pacific Rim
 - UK – planning one “room”
 - One or two meetings will be specific for the Pacific Rim time zone
 - There will be three main zoom rooms
 - Breakfast, Lunch & Dinner Speakers on Sat & Sun (1 event per day, different mealtimes in the different time zones)
 - Recorded messages for Friday night
 - One room just for people who are working the Steps and to share their 1st Step
 - Accepting workshop and speaker nominations
- Finance Committee
 - We are in decent shape. They are working hard every month.
- Literature Committee
 - Lots of hard work preparing the documents for the Delegates vote
 - COSAs in the Know - a weekly email that goes out with fellowship news
 - The Balance Newsletter (comes out every 2 months) – needs a coordinator, someone for Expedited Review and someone for Graphics and Layout.
- Nominating Committee
 - Interviewed one candidate for the Board

- Interview in process for another possible member
- Outreach Committee
 - Going to an email/zoom meeting combination – email at least monthly; zoom quarterly
 - Steps are being translated to Spanish – nearing completion
 - Working on a video to make available to therapists
 - Following up on old inquiries – though few are answering
 - Request for teen meetings – researching it, actively seeking people with experience in alateen and sateen. Please let Martha Jean know if you or someone you know has experience with this.
 - Sponsor meeting weekly
 - Virtual workshops (outreach committee) on hold until after the convention
 - There will be a questionnaire in the Balance and COSA's in the know asking “who you are” and “are we serving you well?”
- Technology Committee
 - Adding books to Amazon Kindle as possible
 - Website maintenance
 - New convention information
 - New delegate information
 - Requests for all sorts of information that they follow up with
 - Meeting updated

Q: Can we go back to face-to-face meetings? Are we ever going to Columbus?

A: This year is a virtual convention, we don't know about next year. COSA works with SAA on this.

Q: How many board members plan to rotate off the current board?

A: Currently there are 8 board members, and only 1 is planning to step down. Finances limit the number of members on the board, although it would be great to have more.

Q: Is the ISO low on funds?

A: Not at this time, the ISO is healthy financially, in part, due to the lower costs of running virtual conventions.

Delegate Mentor Program

Delegate registration will run from April 14 to May 23 (joint with the convention registration, and there will be no fee). You will be asked if you want to be a delegate mentor, be a resource to newer delegates, and have the option to ask for a mentor. Email delegateliaison@cosa-recovery.org with your contact information and whether you are willing to be a mentor or would like a mentor.

Please make contact before the delegate meeting and be available for questions as they come up.

Delegate Qualifications and Responsibilities

This document was reviewed and will be made available online. In the meantime, it can be viewed here:

https://docs.google.com/document/d/1hLsldm45fy3-6Md8PLiuU-8UT_u5e6_Z6LZNM92VCM4/edit?usp=sharing

Q: Is making changes to the meeting script/guide a business item?

A: For COSA as a whole, yes it would be a business item. However, individual meetings can make changes to their scripts. The scripts are available as suggestions and starting points. The meeting should contain what the members need for a strong and sober meeting. For example: if you want to tweak the "COSA welcome", you can rename it and make it your own.

The Twelve Concepts of Service

The Twelve Concepts of COSA were reviewed. They are available on the COSA website here:

<https://cosa-recovery.org/resources/the-12-steps-traditions-and-concepts/>

These Concepts are complex, even experienced COSA members and delegates are still learning the meaning of them. The board studies one Concept per month.

Literature

Literature to be voted on this year is not online yet, but will be made available as soon as possible, probably about 1 month before the Annual Delegate Meeting. This year, the literature we will vote on is intended to be included in the Big Book of COSA:

- Steps 10 and 11
- Concept 5
- Traditions 7 (redo), 11 and 12
- Tools: slogans, sponsorship (redo), journaling, anonymity.

Below is a brief overview of the process of the creation of literature:

- An author and editor draft a chapter
- It goes to a committee for feedback
- The author and editor rework a version to present to the fellowship
- The fellowship members have 90 days to provide feedback
- It goes back to the author for another revision
- Then it goes through Expedited Review (ER) to ensure all our literature is clear and consistent in grammar.
- Finally, literature is posted online and presented at the Annual Delegate Meeting for a pass/fail vote. All the changes since the 90-day feedback period from the fellowship are highlighted in green.

Q: Is what we are voting on about these Steps/Concepts/Traditions/Tools or about changing the language of them?

A: It is about them

Q: Will the booklets on the STEPS be included in the COSA Big Book?

A: No, they will not be included. The COSA Big Book will be a collection of ESH and COSA voices. It is not about how to work the Steps.

Various and questions

The Annual Delegate Meeting is not open to “visitors”

Q: Can someone else from my group attend the Annual Delegate meeting?

A: Every delegate is

Q: If I just have some punctuation problems with the literature, what do I do?

A: You can review the literature during the 90-day period and submit your feedback.

There are also service opportunities on the Literature Committee if you would like to contribute to the final outcome of the writing. If this is a last-minute change, you can fill out a Business form for the board to consider what to do with the information.

Next Meeting Time(s)

Delegate meeting #2 of 3:

<p>CONTENT:</p> <ul style="list-style-type: none">● Board / Committee updates● Guidelines for participation at the Annual Virtual Delegate Meeting● The Twelve Traditions● Literature to be voted on: Traditions	<p>Wednesday, April 7, 2021 5pm Pacific / 6pm Mountain / 7pm Central 8pm Eastern / 1am GMT (next day)</p> <p>OR</p> <p>Sunday, April 11, 2021 9am Pacific / 10am Mountain / 11am Central / 12pm Eastern / 5pm GMT</p>
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Meeting link: <https://us02web.zoom.us/j/88925303710>

Password: **Delegate**

Close with Serenity Prayer