

# Notes of Delegate Telemeeting 4/18/2020

Delegate Telemeeting #2 of 3 (duplicate) of this service year.  
Inge is delegate liaison ([delegateliaison@cosa-recovery.org](mailto:delegateliaison@cosa-recovery.org))

## Serenity Prayer

## Introductions

### Board/Committee Updates - Amy MJ and Inge

- The COSA Convention and Annual Delegate Meeting will be VIRTUAL and FREE this year. People who signed up previously will get refunds. Everyone has to (re-)register for the VIRTUAL meeting here: <https://www.cosa-recovery.org/2020/DelegateRegistration.html>.  
You will receive an immediate confirmation email upon completion.
- Delegates will get to vote on three new board members who have been thoroughly vetted. They have been attending the COVID board meetings without the power to vote. Their recovery resumes will be posted online and will be included in the virtual delegate packet.
- The Twelve Step booklets are now available on Kindle.
  - In the US, use the link: <https://bit.ly/cosa-us-lit>
  - In the UK, use the link: <https://bit.ly/cosa-uk-lit>
  - In other regions: search for "COSA Step" on your regional Amazon website

### The Twelve Concepts of COSA - Inge

- The Twelve Concepts of COSA were reviewed. They are available online here: [http://www.cosa-recovery.org/2019/Twelve\\_Concepts\\_of\\_COSA.pdf](http://www.cosa-recovery.org/2019/Twelve_Concepts_of_COSA.pdf)
- COSA member Nan H. volunteered to share a document paraphrasing the Twelve Concepts in lay terms. This will be emailed to delegates.

### Guidelines for Participation at the Annual Delegate Meeting - Inge

- The guidelines were read and discussed for a VIRTUAL Annual Delegate Meeting. The original guidelines are available here: [http://www.cosa-recovery.org/2019/Guidelines\\_for\\_Delegate\\_Meeting.pdf](http://www.cosa-recovery.org/2019/Guidelines_for_Delegate_Meeting.pdf)
- All COSA members are traditionally allowed to attend the Annual Delegate Meeting. The bylaws do not make this mandatory. Due to this year's online format and voting process, the Virtual Annual Delegate Meeting Planning Committee may limit attendance from non-voting members.
- A member expressed a desire for transparency and being creative in managing visitors, but understands possible practical limitations this year. Historically only about three walk-in attendees would show up.
- A member expressed concern about the anonymity of the participants, which the registration process will protect.
- A member proposed all members wear the same color top clothing, and visitors can rename themselves "VISITOR."

- Above concerns will be passed on to the Virtual Annual Delegate Meeting Planning Committee who will have a discussion and vote on how to move forward.

### **Delegate Mentorship Program - Inge**

- When registering for the VIRTUAL Annual Delegate Meeting, please indicate if you want to be a delegate mentor or if you would like the support of a delegate mentor.
- Delegate mentors and mentees will be paired up as they become available. An email will go out to both parties. Members will have the option to share their telephone number to connect over the phone.
- Both the delegate mentor and mentee are responsible for reaching out.
- In this unusual time and with this virtual format this year, the idea came up to pair ALL participants for support and check-in during the Annual Delegate Meeting.
- Email [DelegateLiaison@cosa-recovery.org](mailto:DelegateLiaison@cosa-recovery.org) with any questions or concerns.

### **Literature - Sara P. (Literature Committee Chair)**

- There are fourteen chapters to be approved this year, and the Literature Committee is working on finishing the final versions to be posted on the website in a couple of days. The chapters will show “draft” in the background. All the changes since the original proposed last Fall will be highlighted in green.
- Literature and Development Procedure:
  - An author and editor draft a chapter.
  - It goes to a committee for feedback.
  - The author and editor rework a version to present to the fellowship.
  - The fellowship has ninety days to provide feedback.
  - It goes back to the author for another round.
  - Then it goes through Expedited Review (ER) to ensure all our literature is consistent in grammar.
- Delegates will be emailed when the final versions are posted online.
- All literature is up for a pass/fail vote.

### **Next Meeting Time(s)**

#### Meeting 3 of 3:

- Thursday, April 23 at 9:00 p.m. (Eastern Time)
- Saturday, May 2 at 2:00 p.m. (Eastern Time)
- (duplicate meeting)

#### Refresher:

- Saturday, May 16 at 2:00 p.m. (Eastern Time)

All registered delegates **must attend ONE** of the four scheduled test times to:

- Test equipment (audio, video and features)
- Review specific guidelines for virtual attendance
- Practice the new online voting process

### Test Days:

- Tuesday, May 12 at 11:00 a.m. Eastern Time
- Wednesday, May 13 at 8:30 p.m. Eastern Time
- Saturday, May 16 at 1:30 p.m. Eastern Time (half an hour before the Refresher)
- Sunday, May 17 at 1:30 p.m. Eastern Time

### **AGENDA** for Meeting 3 of 3:

:00-:02 Serenity Prayer  
:02-:10 Introductions and Check-ins  
:10-:20 ISO/Board and/or any Committee updates  
:20-:25 Twelve Traditions  
:25-:30 Safe Communications  
:30-:35 Delegate Meeting Rules of Order  
:35-:55 The Voting Process  
:55-:57 Literature  
:57-:58 Next Meeting Time(s)  
:58-:00 Close with Serenity Prayer

### MEETING INFO:

#### Online

- Zoom link: <https://zoom.us/j/2399938352>
- Meeting ID: 239 993 8352
- **Password:** please email [DelegateLiaison@cosa-recovery.org](mailto:DelegateLiaison@cosa-recovery.org) for the password

#### By phone:

- Find your local number here: <https://zoom.us/u/aeol1RWdUk>
- **Password:** please email [DelegateLiaison@cosa-recovery.org](mailto:DelegateLiaison@cosa-recovery.org) for the password

**Close with Serenity Prayer**