

BOARD CANDIDATE'S RECOVERY RESUME

NAME: Mary H.

LOCATION: Naples, Florida

YEARS IN COSA: 5

YEARS IN OTHER RECOVERY FELLOWSHIP (Optional to state, and may state number of years without stating which Fellowship):

32 years in 12 Step recovery and practicing the 12 Steps and Traditions.

COSA STEPS COMPLETED: All 12 Steps, many times over. Currently facilitate the Naples Step Study- for the last several years.

SPECIAL SKILLS:

Served as 2021 Virtual Convention chair and also served as Workshop Coordinator at other conventions.

Have presented at several convention workshops.

Currently serve on COSA Board

Respectful of Concept 10: Able to work in collaboration with others and respect the parameters of each person's individual responsibilities and authority.

My ultimate trust is always *with the process and a higher power. Able to pass this message to others that I work in collaboration with.*

Solution and deadline focused.

In depth understanding of the 12 Traditions.

I keep it simple.

Excel, MS Word, Outlook, Gmail.

Enjoy writing about the Steps and Traditions.

PREVIOUS SERVICE EXPERIENCE:

Have served in all positions in a group- Secretary, Treasurer, Literature, New Comer Greeter, Chip Person, Back-up(s), etc.

Started a COSA meeting in Naples, Florida 5 years ago. ISO contact & Delegate for Naples Group.

2019 Convention Workshop Coordinator

2019, 2020, 2021 Workshop Coordinator

and Presenter

2021 Convention chair

Experience working the 12 Steps and Traditions.