

Fellowship Feedback for COSA Recovery Workbook

April 16-June 26, 2025

[Feedback Form](#)

Concept 2

The Annual Meeting of the Delegates and the ISO Board of COSA has become, for nearly every practical purpose, the active voice and the effective conscience of our whole Society in its world affairs.

Since ultimate authority rests in the “collective conscience of our whole Fellowship,” as stated in Concept One, we as individuals have an opportunity to actively participate in the next steps of service, learning, and growth. COSAs learn to share our voices, effectively and practically engaging with our whole Society so that our Fellowship continues to carry a message of hope. This step cannot be taken through the effort of one person or committee. We need the collective experience, strength, and hope of all the delegates who represent every COSA meeting.

1. Consider the word delegate. It can be used as a noun to mean “a person who represents others” or as a verb to mean “to entrust a task.” What are the practical aspects of delegation? What areas of life are easier or harder for you to delegate?
2. Where have you experienced positive examples of delegation? How do you feel when you are part of a team that operates effectively? What steps might you take to support others on your team so that all voices are heard?
3. What does the term “active voice” mean to you? Write down words that mean the same as, and are the opposite of, “active.” Reflect on the times when your voice was “active.” When are you more willing to assert your voice and when are you more reserved?
4. Are there ways that your voice can be more active (writing, arts, other service)? How might you use your gifts to benefit COSA world affairs?
5. Describe any experience with delegate service and the COSA Biannual Delegate Meeting. What are the ways your meeting demonstrates active involvement with The ISO of COSA on local and international levels? If you have never attended a biannual meeting, consider attending one as an observer or talk with your group about representing them as a delegate.

6. In the context of Concept Two, examine Tradition Five. *Each group has but one primary purpose, to carry its message to those who still suffer.* How does an active voice support carrying the message?
7. What is the role of an individual within an organization? How might effective service be enhanced with the support of others in COSA?
8. In COSA, we follow the inverted triangle structure of organization. (SEE appendix...) All COSA members are part of the decision-making process. At this time, how do you see yourself actively participating in the fellowship?
9. How would your service or specific roles in life change if you fully embraced the concept of using an “active voice” and listening to others’ “collective conscience”?
10. Rewrite Concept Two using words or phrases that allow personalization and application to life. Own this activity by adding a diagram, symbols, doodles, or images.

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